

Dear Parents,

Family First Academy wanted to take a couple of moments to update you on what the institution is doing in response to the H1N1 virus, or Swine Flu virus, outbreak.

FFA has taken the approach of concern as well as preparation. As such, Family First Academy is receiving daily updates from the World Health Organization and the Erie County Health Department. In addition, the institution is updating emergency response protocols, as well as contingency plans.

Below are some of the symptoms based upon the latest information we're receiving from the organizations that are mentioned previously. Symptoms include those associated with seasonal flu, specifically:

- * Fever of 100 degrees Fahrenheit or above
- * Cough
- * Sore throat
- * Body ache
- * Headache
- * Chills
- * Fatigue

Students should do the following:

- * Keep immune system strong with regular exercise, vitamin-rich foods, sufficient sleep, and plenty of fluids.
- * Wash hands frequently and avoid touching your face.
- * Avoid sharing eating utensils, water bottles, towels or bedding without first washing these items first with soap and hot water.
- * Clean surfaces soiled with body fluids with a household disinfectant, and use gloves while cleaning.
- * Cover your cough. Cough unto your sleeve at the elbow.

Family First Academy is taking the following steps to reduce the spread of the flu:

- Spraying and wiping door handles with sanitizer

- Providing hand sanitizer to students in common areas
- Informing staff to reinforce prevention techniques and actively communicating this information to students on a daily basis

Please also be aware that we will be evaluating daily activities (including field trips to any off-site locations) in terms of any additional risk that could expose students to the virus and will immediately notify both parents and students of any schedule changes in this regard.

Thank you

Gary Smallshaw
Chief Operating Officer
Family First Academy